

Direct Support Professional Syllabus

Instructor: TBD

Class Days & Hours: TBD

*You must attend class, if at all possible. However if you are unable to, a recording will be uploaded following the live class. As part of your apprenticeship, you must listen to it if you miss class.

General Information:

Textbook: NONE all materials and classwork are online at the College of Direct Support.
<https://login.elsevierperformancemanager.com/systemlogin.aspx> (log in information will be discussed on first day of actual class – week 2)

Training will be held once a week for a period of 27 weeks—1-hour live or recorded session with 3-5-hours homework time each week.

COURSE SCHEDULE

Cohort:

Week	Date	Chapter Name	
1	Week 1	Orientation The assignments for the week need to be completed by the day before the next class. <ul style="list-style-type: none">• Technical Instruction• OJL Logs	
2	Week 2	Introduction to Elsevier Performance Manager and Google Classroom Introduction to expectations during the program and class time Introduction to the National Alliance of Direct Support Professionals Certification	
3	Week 3	Homework: Introduction to Developmental Disabilities Alaska Shared Vision: Person centered and directed services Ethics e-badge completed NADSP Core Competency 1: Participant Empowerment	
4	Week 4	Homework: Everyone Can Communicate Alaska Core Competency 1: Working with others NADSP Core competency2: Communication	

5	Week 5	Homework: Providing Services Alaska Core Competency 2: Assessing strengths and Needs NADSP Core Competency 3: Assessment
6	Week 6	Homework: Functional Assessment Alaska Core Competency 2: Assessing Strengths and Needs, cont.
7	Week 7	Homework: Person-Centered Planning Alaska Core Competency 3: Planning Services NADSP Core Competency 14: Provide Person-Centered Supports NADSP Core Competency 5: Facilitating Services
8	Week 8	Homework: Introduction to Medication Support Alaska Core Competency 4: Providing Services NADSP Core Competency 15: supporting Health and Wellness
9	Week 9	Homework: Supporting Healthy Lives Alaska Core Competency 4: Providing Services, continued
10	Week 10	Homework: Emergency Preparedness Alaska Core Competency 4: Providing Services, continued NADSP Core Competency 10: Crisis Prevention and Intervention
11	Week 11	Homework: Personal Care Alaska Core Competency 4: Providing Services, continued
12	Week 12	Homework: Teaching People with Developmental Disabilities Alaska Core Competency 4: Providing Services, continued
13	Week 13	Homework: Community Inclusion Core Competency 5: Linking to Resources NADSP Core Competency 6: Community Living Skills and Supports
14	Week 14	Homework: Home and Community Alaska Core Competency 5: Linking to Resources, cont. NADSP Core competency 4: Community and Service Networking
15	Week 15	Homework: Working with Families and Support Networks Alaska Core Competency 5: Linking to Resources, cont.
16	Week 16	Homework: Cultural Competence NADSP Core Competency 11: Organizational Participation
17	Week 17	Homework: You've Got a Friend Alaska Competency 6: Advocating NADSP Core Competency 13: Building and Maintaining Friendships and Relationships NADSP Core Competency 8: Advocacy
18	Week 18	Introduction to Mental Health and Mental Illness Alaska Core Competency 7: Individualizing Care
19	Week 19	Homework: Understanding Depression

20	Week 20	Homework: Maltreatment and Prevention Alaska Core Competency 8: Documenting NADSP Core Competency 12: Documentation
21	Week 21	Homework: Supporting jobs and careers in the community NADSP Core Competency 9: Vocational, Educational and Career Support
22	Week 22	Homework: Understanding Transitions Across the Life Span
23	Week 23	Homework: Supporting Older Adults
24	Week 24	Homework: Direct Support Professionalism Alaska Core Competency 9: Behaving Professionally and Ethically NADSP Core Competency 7: Education, Training and Self-Development
25	Week 25	Homework: Direct support Professionalism, continued Alaska Core Competency 10: Developing Professionally
26	Week 26	Final Project Presentations