

# Community Health Worker Syllabus

Lead Instructor: TBD

Any questions related to class please email instructor through canvas

Class Days & Hours: TBD

\*You are required to attend class, however if you are unable to, a recording will be uploaded following the live class. You will be required to watch it if you miss class.

## General Information:

**Textbook: Foundations for Community Health Workers**

**Modules: NHA Principles of HealthCoaching™**

**Learning Platform: Canvas – all class materials, homework, and announcements will be on Canvas**

**Training will be held once a week for a period of 24 weeks— 2-hour live or recorded session with 5-hours homework time each week. This training will be covering the following subjects:**

- Introduction to Community Health Worker
- Linking Individuals and Families to Health/Social Service Resources
- Provide Information, Education and Informal Counseling to Individuals or Groups
- Develop Community-Based Networking and Advocacy
- Collect and Interpret Data related to Community Health and Social Service needs
- Provide Basic Health Screening and Services to Individuals or Groups

All weekly homework assignments are due on **Tuesdays by 11:59pm**. This syllabus is subject to change.

The assignment grading policy is as follows (this is applied to individual assignment total points): 3 days

late=10 % deduction

5 days late = 20% deduction

7 days or more =50% deduction

If there are legitimate circumstances that prevent you from turning in an assignment on-time such as a medical emergency notify the instructor as soon as possible to work out a plan; preferably before the assignment is due. Apprentices must receive at least a 70% or above in the class to pass.

\*For assignments that are past the due date, note they will still show up as a zero in the grade book as a place holder until the assignment has been turned in.\*

## COURSE SCHEDULE

Lesson	Date	Chapter Name
1	Week 1	Orientation & Course overview
2	Week 2	Roles, competencies, and characteristic of CHW's <ul style="list-style-type: none"><li>• Identify characteristics of successful CHW's</li></ul>

3	Week 3	<p><b>History of Community Health Workers and the value of CHW's as advocates</b></p> <ul style="list-style-type: none"> <li>• CHW's scope of practice</li> </ul>
4	Week 4	<p><b>Define public health in the USA</b></p> <ul style="list-style-type: none"> <li>• Identify public health inequalities and spectrum of prevention</li> </ul>
5	Week 5	<p><b>Defining health inequalities (social/health)</b></p> <ul style="list-style-type: none"> <li>• Using data analysis to promote health justice</li> <li>• Prevention and the role of the CHW in overcoming health inequalities</li> </ul>
6	Week 6	<p><b>HealthCare and Health Policy in the U.S.</b></p> <ul style="list-style-type: none"> <li>• Explain how health care services are financed in the U.S.</li> </ul>
7	Week 7	<p><b>Introduction to culture humility</b></p> <ul style="list-style-type: none"> <li>• Defines cultural humility (aka Cultural Competence) and concepts of client-centered practice</li> </ul>
8	Week 8	<p><b>Ethics and professional boundaries (scope of practice)</b></p> <ul style="list-style-type: none"> <li>• Working with a multidisciplinary team (providing client-centered practice)</li> <li>• Understanding behavior changes</li> </ul>
9	Week 9	<p><b>Model types of client interviews, client confidentiality</b></p> <ul style="list-style-type: none"> <li>• Building rapport with clients, secure client documentation</li> </ul>
10	Week 10	<p><b>Understanding meaningful referrals to community resources (part II)</b></p> <ul style="list-style-type: none"> <li>• Develop client and program documentation systems</li> </ul>
11	Week 11	<p><b>Define and understand client-centered counseling concepts</b></p> <ul style="list-style-type: none"> <li>• Facilitating motivational interviewing</li> <li>• Understanding challenges to providing client-centered counseling</li> </ul>
12	Week 12	<p><b>Care coordination and care management concepts (part I)</b></p> <ul style="list-style-type: none"> <li>• Develop client and team action plans</li> </ul>
13	Week 13	<p><b>Preparing for and conducting home visits</b></p> <ul style="list-style-type: none"> <li>• Home visit safety concerns</li> <li>• Challenges with out-of-office visits</li> </ul>

<b>14</b>	<b>Week 14</b>	<b>Define and understand conflict and conflict resolution</b> <ul style="list-style-type: none"> <li>• Common stresses in the work force</li> <li>• Understanding personal and cultural conflicts</li> <li>• Strategies for conflict resolution</li> </ul>
<b>15</b>	<b>Week 15</b>	<b>Common chronic conditions and limitations of traditional medical models for treatment of chronic conditions</b> <ul style="list-style-type: none"> <li>• Team-based-care, patient empowerment and self-management</li> <li>• Action planning for chronic conditions management</li> </ul>
<b>16</b>	<b>Week 16</b>	<b>Health Outreach</b>
<b>17</b>	<b>Week 17</b>	<b>Assessing needs of the Community (Diagnosis)</b>
<b>18</b>	<b>Week 18</b>	<b>Facilitating Community Health Education (Read CH 18 for reference in FCHW)</b>
<b>19</b>	<b>Week 19</b>	<b>Special topics: Mental Health and wellbeing, substance use awareness (SBIRT) HW: Read CH 23 in FCHW</b>
<b>20</b>	<b>Week 20</b>	<b>Community Organizing and Advocacy</b>
<b>21</b>	<b>Week 21</b>	<b>Final Project Preparation</b>
<b>22</b>	<b>Week 22</b>	<b>Final Projects</b>
<b>23</b>	<b>Week 23</b>	<b>Final Projects</b>
<b>24</b>	<b>Week 24</b>	<b>Next Steps</b>